

**Central Okanagan Public Schools: Health Promoting Schools
2017-2018 Supports**

Applicant Name:

School:

Grade(s):

Date(s) and Time Requested (please provide 3 possible choices)

Date:	Time:
1.	
2.	
3.	

****Place a checkmark next to the following supports that you would like to access:***

School Opportunities: Staff Teaching and Learning

smartEducation (Stress Management and Resiliency Techniques)	
Healthy Food Services	
Physical and Health Education Resource Sampler	
Kids in the Know Resource Sampler	
Physical and Health Education (PHE) Scope and Sequence <ul style="list-style-type: none"> • Middle Years • Inquiry questions, themes, and lesson ideas to support the PHE curriculum for Grades 6-9 	

School Opportunities: Community Learning

Middle Years Development Instrument (MDI) District Findings Presentation	
Healthy Food Services	
School Health Newsletter Inserts	

Individual Teacher: Teaching and Learning Opportunities

<p>Physical and Health Education (PHE) Physical Literacy Co-planning/Co-teaching Opportunities:</p> <ul style="list-style-type: none"> • Grades K-3 • 2 X 0.5 TTOC release time provided • focus on developing Fundamental Movement Skills 	
<p>Physical and Health Education (PHE) Student Health Inquiries:</p> <ul style="list-style-type: none"> • Grades 4-7 • small grants provided to support student inquiry projects 	
<p>Primary (K-3) Physical and Health Education Lessons:</p> <ul style="list-style-type: none"> • Social and Emotional Literacy (Kids in the Know, Mind Up) • Food Literacy • Resiliency (FRIENDS) 	
<p>Intermediate (Grades 4 & 5)</p> <ul style="list-style-type: none"> • Social and Emotional Literacy (Kids in the Know, Mind Up) • Food Literacy • Physical Literacy (Outdoor Playground Games) • Resiliency (FRIENDS) 	
<p>Middle Years (Grades 6 to 9)</p> <ul style="list-style-type: none"> • Social and Emotional Literacy (Kids in the Know, Kids Have Stress Too, Red Cross Healthy Youth Relationships) • Food Literacy (including food marketing, health messages) • Substance Use (iMinds) • Resiliency (FRIENDS) 	
<p>Secondary (Grades 10-12)</p> <ul style="list-style-type: none"> • Red Cross Healthy Youth Relationships Training 	

***Please email your completed request form to HealthPromoting.Schools@sd23.bc.ca**